



6400 Canoga Ave., Suite 306 • Woodland Hills, CA 91367 • (818) 631-9608

Child/Adolescent Intake Form

This is a confidential record of minor's personal history. Please read consent form before completing this form. Information contained in it will not be released to anyone unless authorized by you or required by the law as explained in our consent form. You may opt to omit certain information. Your therapist may choose to discuss this information with you during session.

Date _____ Referred By _____

Client: Name _____ Male Female

Address _____ City _____ Zip Code _____

Home Phone(____) _____ Cell Phone(____) _____ Minor's Cell Phone(____) _____

May we call you at home? Y N At Work? Y N Student's grade level: _____

Person to notify in case of emergency _____ Phone Number _____

Minor's Age ____ Birthdate ____ / ____ / ____

Ethnicity: Caucasian African American Hispanic Asian Other _____

NOTE: It is important for the client and therapist to determine together what part spiritual/religious issues will or will not take in therapy. Would minor like spirituality/religious issues to be a part of your therapy? Y N Don't Know

Minor: In your own words, please state the nature of the main problem:

Parent: In your own words, please state the nature of the main problem:

How would you rate how serious this problem feels to you? (Circle one) 1 2 3 4 5
Mildly Upsetting Extremely Serious

What would you like to accomplish through counseling?

CURRENT FAMILY SITUATION

Parents: Father: Age _____ Occupation _____

Mother: Age _____ Occupation _____

Marital Status of Parents Single Married Divorce Separated Living Together Other

Custody Arrangement (please be specific) _____

o Step-father: Age _____ Step-mother: Age _____

If divorced, please specify minor's age at divorce and circumstances surrounding divorce: _____

Briefly describe minor's relationship with father _____

With minor's mother _____

Siblings: Brothers' first names and ages _____

Sisters' first names and ages _____

History: Please describe any family history of emotional or psychological problems: _____

Describe any history of alcohol or drug use in the family: _____

Is there any history of domestic violence, child abuse or sexual abuse in the family? *(Please note: Therapist may be required to report incidents to appropriate authorities)* _____

MINOR'S DEVELOPMENTAL HISTORY (If yes, please describe)

Pregnancy Planned Yes No Parents' Attitudes Toward Having Children _____

Complications with Pregnancy Yes No _____

Premature Birth Yes No _____

Age When: Crawled _____ Walked _____ Spoke First Word _____ Spoke First Sentence _____

Developmental Delays Yes No _____

MINOR'S EDUCATIONAL HISTORY (If yes, please describe)

School _____ Grade _____

Type of Class Regular RSP SDC Gifted _____

School Problems None _____

Skipped a grade Yes No _____

Held back a grade Yes No _____

MINOR'S CURRENT FUNCTIONING (If Yes, please describe)

Behavioral/School Problems Yes No _____

Problems with Parents Yes No _____

Problems with Siblings Yes No _____

Problems with Peer Relationships Yes No _____

Substance Abuse Yes No _____

Sexually Active Yes No _____

Any Cultural Issues? Yes No _____

MINOR'S MEDICAL CONDITIONS

Please check all that apply to you:

	NEVER	SELDOM	SOMETIMES	OFTEN
Insomnia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Appetite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Phobias (Fears)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nausea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nervousness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of temper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Over-eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OTHER CONCERNS

Smoking

- Packs per week _____

Alcohol Intake

- Frequency (per week): _____
- How Much? _____
- What do you drink? _____

Marijuana

- Amount per week: _____

Drugs (not medications)

- What? _____
- Frequency: _____

MINOR'S MEDICATION HISTORY

Please check all that apply to you:

	NEVER	SELDOM	SOMETIMES	OFTEN
Appetite Suppressants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain Relievers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sedatives/Tranquilizers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep Aids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stimulants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood Pressure Meds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Medicine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vitamins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please list all current medications:

MEDICATION	DOSE	REASON

Comments:

Has minor experienced significant weight gain or loss in last 12 months? Y N

Does minor exercise regularly? Y N How? _____

Does minor sleep well? Y N Amount (hours) _____ Easy to get to sleep? Y N

What recreation does minor enjoy? _____

Physician _____ City _____ Date of last physical _____

The hardest time in minor's development was: Preschool Grade School Jr. High High School

Please describe:

MINOR'S TREATMENT/THERAPY HISTORY

Has minor ever had any previous counseling or psychotherapy? Y N If YES, please list from most recent:

PROBLEM	DATES	THERAPIST & LOCATION	Was Therapy Successful?

Any previous diagnoses? Y N If YES, describe: _____

Has minor ever attempted suicide? Y N If YES, when? _____

If YES, method used: _____

Has minor ever been hospitalized for psychiatric reasons? Y N

- If YES, when? _____ Length of hospital stay _____

ADDITIONAL INFORMATION

What are minor's strengths/talents? _____

Additional comments: _____

Following information for parent primarily responsible for payment:

Name _____

Occupation _____ Employer _____

Employer's Address _____ Phone _____

Annual Household Income _____ Do you own or rent? _____

How do you intend to pay for treatment? _____